



Moola
Saving
Mom

HARRIS TEETER (3/22 - 3/28) BY MOOLASAVINGMOM.COM

Item	Coupon	Price	Coupon	Doubled	Final Price	% Saved
*All Liquid Laundry Detergent, 32 - 46.5 oz (EVIC)	\$0.50/1 Printable	\$ 1.97	\$ 0.50	\$ 1.00	\$ 0.97	51%
*Breyers Ice Cream, 48 oz (EVIC)		\$ 2.47			\$ 2.47	0%
*Honey Nut Cheerios or Cinnamon Toast Crunch, 11 - 12 oz (EVIC) (2)	\$1.00/2 Printable	\$ 3.54	\$ 1.00	\$ 1.00	\$ 2.54	28%
*HT Black, Kidney, or Pinto Beans, 15 oz (EVIC)		\$ 0.37			\$ 0.37	0%
*HT Rotini, Ziti, or Penne Pasta, 16 oz (EVIC)		\$ 0.57			\$ 0.57	0%
*Nabisco Cookies or Crackers, select varieties (EVIC) (2)	55 02/12	\$ 2.94	\$ 0.75	\$ 1.50	\$ 1.44	51%
*Pete & Gerry's Organic Eggs, 12 ct (3)	Must buy 3 - \$1.00/1 Printable (3) + \$0.10/M	\$ 12.00	\$ 3.10	\$ 3.10	\$ 8.90	26%
*Red Baron or Bon Appetit Pizza, select varieties (EVIC)		\$ 2.77			\$ 2.77	0%
HT Large Eggs, 12 ct (EVIC)	\$0.10/1 Mobisave	\$ 0.77	\$ 0.10	\$ 0.10	\$ 0.67	13%
Stock Up Sale- MUST buy qty listed						
*Birds Eye Vegetables, 10 - 12 oz (5)	Must buy 5	\$ 5.00			\$ 5.00	0%
*Chobani Flip, 5.3 oz (10)	Must buy 10 - \$5.03/19 (3)	\$ 10.00	\$ 3.00	\$ 3.00	\$ 7.00	30%
*CoffeeMate Bliss or Nestle Cookies, 16 - 16.5 oz (3)	Must buy 3	\$ 7.00			\$ 7.00	0%
*Cool Whip, 8 oz (5)	Must buy 5	\$ 5.00			\$ 5.00	0%
*Dannon Light & Fit, Activia, or Danimals Yogurt, 4 - 6 pk (3)	Must buy 3 - \$5.02/26	\$ 6.00	\$ 1.00	\$ 1.00	\$ 5.00	17%
*HT Frozen Potatoes, 22 - 32 oz (3)	Must buy 3	\$ 5.00			\$ 5.00	0%
*HT Sherbet, 48 oz (3)	Must buy 3	\$ 6.00			\$ 6.00	0%
*HT Soft Cream Cheese, 8 oz (4)	Must buy 4	\$ 5.00			\$ 5.00	0%
*HT Traders Ice Cream, 16 oz (3)	Must buy 3	\$ 6.00			\$ 6.00	0%
*HT Waffles, 10 ct (4)	Must buy 4	\$ 5.00			\$ 5.00	0%
*Kraft Bagel-fuls, 10 oz (3)	Must buy 3	\$ 5.00			\$ 5.00	0%
*Kraft Shredded or Chunk Cheese, 6 - 8 oz (5)	Must buy 5	\$ 10.00			\$ 10.00	0%
*Philadelphia Cream Cheese, 16 oz (3)	Must buy 3	\$ 9.00			\$ 9.00	0%
*Polly-O String Cheese, 9 - 12 oz (3)	Must Buy 3	\$ 9.00			\$ 9.00	0%
*Silk Family Milk, 64 oz (4)	Must buy 4 - RP 02/12 (use 4 - 3 dbl, 1 face va	\$ 10.00	\$ 2.20	\$ 3.85	\$ 6.15	39%
*Stouffer's Family Size Stouffer's Entrees, assorted (2)	Must buy 2	\$ 12.00			\$ 12.00	0%
*Tombstone Pizza, 19.8 - 20.6 oz (3)	Must buy 10	\$ 10.00			\$ 10.00	0%
*Tropicana Lemonade or Pure Leaf Tea, 59 oz (3)	Must buy 3	\$ 6.00			\$ 6.00	0%
*Tyson Any'tizers or Chicken, 25 - 26 oz (2)	Must buy 2 - RP 01/08	\$ 12.00	\$ 2.50	\$ 2.50	\$ 9.50	21%
Kellogg's Frosted Flakes, 8 - 10 oz (5)	\$0.75/1 Printable	\$ 1.88	\$ 0.75	\$ 1.50	\$ 0.38	80%
Horizon Organic Fruit Snacks, 4 oz (\$3.99)	\$0.55/1 Printable	\$ 1.99	\$ 0.55	\$ 1.10	\$ 0.89	78%
Horizon Organic Macaroni & Cheese, 6 oz	\$0.55/1 Printable	\$ 1.50	\$ 0.55	\$ 1.10	\$ 0.40	73%
Perdue Whole Grain Chicken Nuggets, 22 - 29 oz (\$7.99) (2)	\$1.50/2 Printable	\$ 3.99	\$ 1.50	\$ 1.50	\$ 2.49	69%
Baby Cut Carrots, 1 lb (\$1.69)	\$0.25/1 Checkout 51	\$ 0.84	\$ 0.25	\$ 0.25	\$ 0.59	65%
Palermo's Pizza, 14.2 - 20.7 oz (\$7.99)	\$1.00/1 Printable	\$ 3.99	\$ 1.00	\$ 1.00	\$ 2.99	63%
Arm & Hammer Cat Litter, 20 lb (\$11.99)	\$1.50/1 Printable	\$ 5.99	\$ 1.50	\$ 1.50	\$ 4.49	63%
Pepsi Products, 6 pk 16 oz bottles (B2G3) (5)		\$ 24.95	\$ 14.97	\$ 14.97	\$ 9.98	60%
Perdue Simply Smart Chicken Nuggets, 22 - 29 oz (\$7.99) (2)	\$1.50/2 Printable	\$ 7.99	\$ 1.50	\$ 1.50	\$ 6.49	59%
Gorton's Fish Sticks, 15 - 24.5 oz (\$6.25) (2)	\$1.00/2 Printable	\$ 6.25	\$ 1.00	\$ 1.00	\$ 5.25	58%
Clear Care, 10 - 12 oz	\$5.00/1 Printable	\$ 8.99	\$ 5.00	\$ 5.00	\$ 3.99	56%
Bounty Paper Towels, 6 Big Rolls (\$11.99)	\$0.25/1 Printable	\$ 5.99	\$ 0.25	\$ 0.25	\$ 5.74	52%
Brussel Sprouts, 1 lb (\$3.99)		\$ 1.99			\$ 1.99	50%
Challenge Butter, 16 oz (\$5.79)		\$ 2.89			\$ 2.89	50%
Fresh Foods Market Rolls, 4 ct (\$2.89)		\$ 1.44			\$ 1.44	50%
Garden Harvest Pizza, 12 - 25 oz (\$7.99)		\$ 3.99			\$ 3.99	50%
HT Cheese Curls, 8 oz (\$3.49)		\$ 1.74			\$ 1.74	50%
HT IQF Chicken Breasts or Tenders, 2.5 lb (\$10.99)		\$ 5.49			\$ 5.49	50%
HT Ricotta Cheese, 15 oz (\$2.99)		\$ 1.49			\$ 1.49	50%
Johnsonville Mild or Hot Ground Sausage, 16 oz (\$5.15)		\$ 2.57			\$ 2.57	50%
Joseph's Pita or Flatbread, 8 - 10 oz (\$3.99)		\$ 1.99			\$ 1.99	50%
Libby's Corn, Peas, or Green Beans, 14.5 - 15.25 oz (\$1.29)		\$ 0.64			\$ 0.64	50%
Nature Sweet Sunbursts, 10.5 oz (\$3.99)		\$ 1.99			\$ 1.99	50%
Nature's Path Organic Hot Cereal, 14 oz (\$4.69)		\$ 2.34			\$ 2.34	50%
Peet's Coffee K-Cups, 10 ct (\$11.29)		\$ 5.64			\$ 5.64	50%
Pepperidge Farm Layer Cakes, 12.5 - 19.6 oz (\$3.99)		\$ 1.99			\$ 1.99	50%
Pepperidge Farm Texas Toast 9.5 oz (\$3.89)		\$ 1.94			\$ 1.94	50%
Pepperidge Farm Turnovers, 12.5 - 19.6 oz (\$4.29)		\$ 2.14			\$ 2.14	50%
Pepsi Products, 12 pk 12 oz cans (\$6.99)		\$ 3.49			\$ 3.49	50%
Simple Truth Columbian Organic Coffee K-Cups, 12 ct (\$7.99)		\$ 3.99			\$ 3.99	50%
Smithfield All Natural Boneless Pork Tenderloin, per lb (5.99)		\$ 2.99			\$ 2.99	50%
Steam-Umm Sliced Steaks, 21 oz (\$11.79)		\$ 5.89			\$ 5.89	50%
Uno Pizza, 12 - 25 oz (\$8.99)		\$ 4.49			\$ 4.49	50%
Opti-Free, 10 - 12 oz	\$4.00/1 Printable	\$ 8.99	\$ 4.00	\$ 4.00	\$ 4.99	44%
Dove Shampoo or Conditioner, 12 oz (2)	RP 03/19	\$ 7.00	\$ 3.00	\$ 3.00	\$ 4.00	43%
Huggies Little Snuggles or Movers Diapers, 18 - 35 ct (3)	\$2.00/1 Printable (3) + Get \$5.00 Catalina	\$ 26.97	\$ 6.00	\$ 11.00	\$ 15.97	41%
Simply Pure Creamers, 32 oz	\$0.55/1 Printable	\$ 3.00	\$ 0.55	\$ 1.10	\$ 1.90	37%
Colgate Total Advanced Toothpaste, 4 oz	\$1.00/1 Printable	\$ 3.00	\$ 1.00	\$ 1.00	\$ 2.00	33%
Kellogg's Froot Loops, 8 - 10 oz (5)	\$3.00/5 Printable	\$ 9.40	\$ 3.00	\$ 3.00	\$ 6.40	32%
Nature Valley Granola Bars, 7.44 - 8.9 oz (2)	\$0.50/2 Printable	\$ 3.76	\$ 0.50	\$ 1.00	\$ 2.76	27%
Quaker Instant Oatmeal, 11 - 15 oz (2)	RP 02/12	\$ 5.00	\$ 1.00	\$ 1.00	\$ 4.00	20%
So Delicious Organic Coconut Milk, 64 oz (2)	\$1.00/2 Printable	\$ 5.00	\$ 1.00	\$ 1.00	\$ 4.00	20%
General Mills Golden Grahams, 16 - 18 oz (2)	\$1.00/2 Printable	\$ 6.00	\$ 1.00	\$ 1.00	\$ 5.00	17%
Quilted Northern Bath Tissue, 12 Double Rolls	RP 03/19	\$ 6.99	\$ 0.50	\$ 1.00	\$ 5.99	14%
Pineapple, ea	\$0.25/1 Checkout 51	\$ 2.99	\$ 0.25	\$ 0.25	\$ 2.74	8%
Florida's Natural Orange Juice, 59 oz	\$0.10/1 Mobisave	\$ 3.00	\$ 0.10	\$ 0.10	\$ 2.90	3%

Oscar Mayer Bacon, 12 - 16 oz	\$0.10/1 Mobisave	\$ 4.50	\$ 0.10	\$ 0.10	\$ 4.40	2%
Horizon Organic Eggs, 12 ct	\$0.10/1 Mobisave	\$ 4.99	\$ 0.10	\$ 0.10	\$ 4.89	2%
16/20 ct Argentine Shrimp, per lb		\$ 7.99			\$ 7.99	0%
16/20 ct Peeled & Deveined Shrimp, per lb		\$ 12.97			\$ 12.97	0%
21/30 ct East Coast Shrimp, per lb		\$ 12.99			\$ 12.99	0%
Aquafina Water, 24 pk		\$ 3.33			\$ 3.33	0%
Ben & Jerry's Ice Cream, 16 oz		\$ 3.50			\$ 3.50	0%
Bertolli Pasta Sauce, 24 oz		\$ 1.67			\$ 1.67	0%
Blackberries, 6 oz		\$ 0.99			\$ 0.99	0%
Boar's Head Ovengold Turkey, per lb		\$ 8.99			\$ 8.99	0%
Bumble Bee Chunk Light Tuna, 5 oz		\$ 0.70			\$ 0.70	0%
Campbell's Cream of Chicken or Mushroom Soup, 10.5 oz		\$ 1.00			\$ 1.00	0%
Celery, ea		\$ 1.50			\$ 1.50	0%
Charleston Style Crab Cakes, 1 ct		\$ 3.00			\$ 3.00	0%
Cherry Grape Tomatoes, pint		\$ 1.50			\$ 1.50	0%
Chobani Greek Yogurt, 5.3 oz		\$ 1.00			\$ 1.00	0%
Club Crackers, 9.5 - 13.7 oz		\$ 2.00			\$ 2.00	0%
Cookes & Cream Gatorade Recover Protein Shake, 330 ml		\$ 2.00			\$ 2.00	0%
Cucumbers, ea		\$ 0.50			\$ 0.50	0%
Dannon Light & Fit, Whole Milk, or Fruit on the Bottom Yogurt, 5.3 oz		\$ 0.50			\$ 0.50	0%
Dasani Sparkling Water, 8 pk		\$ 3.00			\$ 3.00	0%
Doritos, 8.25 - 10 oz		\$ 2.48			\$ 2.48	0%
Dungeness Crab Clusters, per lb		\$ 9.97			\$ 9.97	0%
Earthbound Farms Organic Frozen Fruit, 10 oz		\$ 3.00			\$ 3.00	0%
Earthbound Farms Organic Frozen Vegetables, 9 - 10 oz		\$ 2.00			\$ 2.00	0%
Energizer AA/AAA Max Batteries, 4 ct		\$ 3.00			\$ 3.00	0%
Farmers Market Baby Spinach, 6 oz		\$ 2.50			\$ 2.50	0%
Farmers Market Eat Smart Salad Kits, 12 oz		\$ 3.00			\$ 3.00	0%
Farmers Market Honey Cured Ham, per lb		\$ 4.99			\$ 4.99	0%
Fresh Express Italian Salad, 9 oz		\$ 1.99			\$ 1.99	0%
Fresh Foods Market Apple or Cherry Turnovers, 2 ct		\$ 1.49			\$ 1.49	0%
Fresh Foods Market Chocolate Creme or Key Lime Pie, 9 inch		\$ 5.99			\$ 5.99	0%
Fresh Foods Market Fresh Baked French or Garlic Bread, 13 oz		\$ 1.19			\$ 1.19	0%
Fresh Foods Market Muenster Cheese, per lb		\$ 5.99			\$ 5.99	0%
Fresh Foods Market Muffins, 4 ct		\$ 3.97			\$ 3.97	0%
Fresh Foods Market Pork Loin, ea		\$ 5.99			\$ 5.99	0%
Fresh Foods Market Sunday Pot Roast, ea		\$ 6.99			\$ 6.99	0%
Fresh Foods Market Tea or Lemonade, ea		\$ 0.50			\$ 0.50	0%
Gala Apples, per lb		\$ 0.99			\$ 0.99	0%
Gatorade Prime Chocolate Chip Fuel Bar, 2.1 oz		\$ 1.00			\$ 1.00	0%
Gatorade Prime Strawberry Energy Chews, 1 oz		\$ 1.00			\$ 1.00	0%
Gatorade Recover Chocolate Caramel Protein Bar, 2.8 oz		\$ 1.50			\$ 1.50	0%
Gatorade Recover Vanilla Protein Powder, 22.5 oz		\$ 18.99			\$ 18.99	0%
Grape Gatorade, 6 pk		\$ 3.33			\$ 3.33	0%
Green Asparagus, per lb		\$ 1.79			\$ 1.79	0%
Green Seedless Grapes, per lb	\$0.25/1 Checkout 51	\$ 2.49			\$ 2.49	0%
Grouper Fillets, per lb		\$ 16.99			\$ 16.99	0%
Hebrew National Beef or 97% Fat Free Beef Franks, 11 - 12 oz		\$ 3.50			\$ 3.50	0%
Hillshire Farm Thin or Lower Sodium Honey Ham, 8 - 9 oz		\$ 3.33			\$ 3.33	0%
Horizon Organic Butter, 16 oz		\$ 5.49			\$ 5.49	0%
Horizon Organic Low Fat Milk DHA, 1/2 gal		\$ 3.99			\$ 3.99	0%
Hot House Tomatoes, per lb		\$ 1.49			\$ 1.49	0%
HT All Natural Bone-In Assorted Pork Loin Chops, per lb		\$ 3.47			\$ 3.47	0%
HT Boneless Chicken Breast Kabobs, per lb		\$ 5.99			\$ 5.99	0%
HT Chips Blitz! Cookies, 13.75 - 15 oz		\$ 2.50			\$ 2.50	0%
HT Cooking Spray, 5 - 6 oz		\$ 1.50			\$ 1.50	0%
HT Cottage Cheese, 16 oz		\$ 0.88			\$ 0.88	0%
HT Cranberry Juice Cocktail, 64 oz		\$ 1.88			\$ 1.88	0%
HT Easy Meal Stuffed Boneless Chicken Breast, per lb		\$ 5.99			\$ 5.99	0%
HT EZ Meal Stuffed Boneless Pork Chops, per lb		\$ 5.99			\$ 5.99	0%
HT Fishermans Market Smoked Nova Salmon per lb		\$ 4.97			\$ 4.97	0%
HT Fresh Cut-Up Fryer Chicken, per lb		\$ 0.99			\$ 0.99	0%
HT Gourmet Beef Burgers or Sliders, per lb		\$ 5.99			\$ 5.99	0%
HT Half & Half, 32 oz		\$ 2.00			\$ 2.00	0%
HT Mayonnaise, 30 oz		\$ 2.00			\$ 2.00	0%
HT Organics Applesauce, 4 pk		\$ 1.67			\$ 1.67	0%
HT Organics Lemonade, 64 oz		\$ 2.50			\$ 2.50	0%
HT Organics Tortilla Chips, 14 oz		\$ 2.50			\$ 2.50	0%
HT Peaches or Pears, 15 oz		\$ 1.00			\$ 1.00	0%
HT Rancher 93% Lean Ground Beef, per lb		\$ 2.99			\$ 2.99	0%
HT Rancher Beef Boneless Ribeye Steak or Roast, per lb		\$ 6.99			\$ 6.99	0%
HT Single Wrap Cheese, 16 ct		\$ 1.88			\$ 1.88	0%
HT Sour Cream, 16 oz		\$ 0.88			\$ 0.88	0%
HT Spring Water, 24 pk		\$ 2.88			\$ 2.88	0%
HT Traders Chopped Salad, 9.25 - 13.4 oz		\$ 2.98			\$ 2.98	0%
Hunt's Diced Tomatoes, 14.5 oz		\$ 1.00			\$ 1.00	0%
Jell-O Pudding, 12.5 - 15.5 oz		\$ 2.00			\$ 2.00	0%
Jimmy Dean Sausage, 16 oz roll		\$ 3.50			\$ 3.50	0%
Kahiki Egg Rolls, 12 - 12.2 oz		\$ 3.00			\$ 3.00	0%
Kraft or Velveeta Cups, 1.9 - 2.39 oz		\$ 0.88			\$ 0.88	0%
Lay's Chips, 8.25 - 10 oz		\$ 2.48			\$ 2.48	0%

Lay's Simply Chips, 8.25 - 10 oz	\$ 2.48		\$ 2.48	0%
Lemon-Lime Gatorade, 32 oz	\$ 0.88		\$ 0.88	0%
Lipton Tea, 12 pk bottles	\$ 3.99		\$ 3.99	0%
Maine Blue Mussels, 2 lb	\$ 3.99		\$ 3.99	0%
Margaret Holmes Tomatoes & Okra, 14.5 oz	\$ 0.88		\$ 0.88	0%
Market Umbrella, 9 ft	\$ 59.99		\$ 59.99	0%
Morty Pride Whole Smoked Picnic, per lb	\$ 1.69		\$ 1.69	0%
Organic Blackberries, 6 oz	\$ 3.00		\$ 3.00	0%
Organic Red Roma Tomatoes, per lb	\$ 1.99		\$ 1.99	0%
Organic Strawberries, 1 lb	\$ 3.00		\$ 3.00	0%
Oscar Mayer Family Size Honey Ham or Rotisserie Chicken, 16 oz	\$ 5.99		\$ 5.99	0%
Oscar Mayer Lunchables, 4.5 oz	\$ 1.00		\$ 1.00	0%
Parmigiano Reggiano, per lb	\$ 11.99		\$ 11.99	0%
Personal Size Seedless Red Watermelon, ea	\$ 3.50		\$ 3.50	0%
Prego Farmer's Market Pasta Sauce, 23.5 oz	\$ 2.88		\$ 2.88	0%
Salmon Fillet, per lb	\$ 7.99		\$ 7.99	0%
Simply Truth Organic Tortilla Cupz, 8 oz	\$ 2.50		\$ 2.50	0%
Single-Serve Chocolate Recover Protein Powder, 2.5 oz	\$ 1.67		\$ 1.67	0%
Smart Water, 700 ml	\$ 0.89		\$ 0.89	0%
Sweet Corn, 4 pk	\$ 1.99		\$ 1.99	0%
Sweet Onions, per lb	\$ 1.29		\$ 1.29	0%
Thomas' English Muffins, 12 - 13 oz	\$ 1.98		\$ 1.98	0%
Tilapia Fillets, per lb	\$ 6.99		\$ 6.99	0%
Tostitos, 8.25 - 10 oz	\$ 2.48		\$ 2.48	0%
Tuna Steaks, per lb	\$ 7.99		\$ 7.99	0%
USDA Choice HT Angus Beef Boneless Ribeye Steak or Roast, per lb	\$ 7.99		\$ 7.99	0%
USDA Choice HT Beef Boneless Sirloin Kabobs, per lb	\$ 6.99		\$ 6.99	0%
USDA Choice HT Reserve Whole Boneless Eye Round Roast, per lb	\$ 3.97		\$ 3.97	0%
Utz Kettle Potato Chips, 8 - 9.5 oz (\$3.69)	\$ 1.84		\$ 1.84	0%
Velveeta Shells & Cheese, 12 - 14 oz	\$ 2.50		\$ 2.50	0%
Wallaby Organic Kefir, 32 oz	\$ 3.50		\$ 3.50	0%
Wallaby Organic Sour Cream, 16 oz	\$ 3.99		\$ 3.99	0%
Whole Dressed Rainbow Trout, per lb	\$ 4.99		\$ 4.99	0%