

Food Lion 9/18 -9/24 {MoolaSavingMom.com}

Item	Coupon	Price	Coupon	Final Price	% Saved
Buy 2, Get 1 FREE					
Imagine Snacks, 4.5 oz (3)		\$7.50	\$2.50	\$5.00	33%
Kevita Kombucha, 15.3 oz (3)		\$7.50	\$2.50	\$5.00	33%
Kevita Sparkling Probiotic, 15.2 oz (3)		\$7.50	\$2.50	\$5.00	33%
Mountain Dew Products, 10 pk (3)		\$11.97	\$3.99	\$7.98	33%
Pepsi Products, 10 pk (3)		\$11.97	\$3.99	\$7.98	33%
Propel Water, 6 pk (3)		\$10.47	\$3.49	\$6.98	33%
Quaker Chewy Granola Bars, 14.8 - 15.3 oz (3)		\$11.97	\$3.99	\$7.98	33%
Tostitos Dips, 9 - 15.75 oz (3)		\$10.50	\$3.50	\$7.00	33%
Tostitos Salsa, 9 - 15.75 oz (3)		\$10.50	\$3.50	\$7.00	33%
Tostitos Tortilla Chips, 9 - 15.75 oz (3)		\$10.50	\$3.50	\$7.00	33%
Buy 3, Save \$3					
Fructis Conditioner, 5 - 12.5 oz (2)	RMN 09/08	\$5.98	\$5.00	\$0.98	84%
Fructis Shampoo, 5 - 12.5 oz (2)	RMN 09/08	\$5.98	\$5.00	\$0.98	84%
Fructis Stylers, 5 - 12.5 oz (2)	RMN 09/08	\$5.98	\$5.00	\$0.98	84%
Garnier Whole Blends Conditioner, 12.5 oz (2)	RMN 09/08	\$6.98	\$6.00	\$0.98	86%
Garnier Whole Blends Shampoo 12.5 oz (2)	RMN 09/08	\$6.98	\$6.00	\$0.98	86%
OGX Conditioner, 13 - 19.5 oz		\$5.49	\$1.00	\$4.49	18%
OGX Shampoo, 13 - 19.5 oz		\$5.49	\$1.00	\$4.49	18%
Pantene Conditioner, 12 - 12.6 oz (2)	RMN 09/08	\$7.98	\$6.00	\$1.98	75%
Pantene Shampoo, 12 - 12.6 oz (2)	RMN 09/08	\$7.98	\$6.00	\$1.98	75%
Suave Conditioner, 12.6 oz		\$2.99	\$1.00	\$1.99	33%
Suave Shampoo, 12.6 oz		\$2.99	\$1.00	\$1.99	33%
TRESemme Conditioner, 28 - 32 oz		\$3.99	\$1.00	\$2.99	25%
TRESemme Shampoo, 28 - 32 oz		\$3.99	\$1.00	\$2.99	25%
Ken's Salad Dressing, 16 oz (\$2.99)	SS 08/25	\$1.49	\$1.00	\$0.49	84%
Nabisco Snack Crackers, 6.5 - 9.1 oz (\$4.49) (3)	SS 08/11	\$6.72	\$1.00	\$5.72	57%
Nabisco Triscuit Crackers, 6.5 - 9.1 oz (\$4.49) (3)	SS 08/11	\$6.72	\$1.00	\$5.72	57%
Colgate Toothpaste, 3.5 - 5.1 oz	SS 09/15	\$3.99	\$2.00	\$1.99	50%
Gain Fabric Care, 105 ct	\$2.00 Off One In-Store Kiosk Coupon	\$3.99	\$2.00	\$1.99	50%
Gain Fabric Care, 41 - 44 oz	\$2.00 Off One In-Store Kiosk Coupon	\$3.99	\$2.00	\$1.99	50%
Jack's Special Garden Fresh Salsa, 16 oz (\$3.99)		\$1.99		\$1.99	50%
Lay's Family Size Potato Chips, 9.5 - 10 oz (\$4.29)		\$2.14		\$2.14	50%
Mini Muffins, 12 ct (\$3.99)		\$1.99		\$1.99	50%
Smithfield Marinated Pork Loin Fillets, 23.2 - 27.2 oz (\$9.99)		\$4.99		\$4.99	50%
Sweet Baby Rays Barbecue Sauce, 14 - 18 oz - B1G1		B1G1			50%
Sweet Baby Rays Dipping Sauce, 14 - 18 oz - B1G1		B1G1			50%
TGI Fridays Snacks, 7.6 - 11 oz (\$3.99)		\$1.99		\$1.99	50%
Thomas' Bagels, 8 - 20 oz - B1G1		B1G1			50%
Thomas' English Muffins, 8 - 20 oz - B1G1		B1G1			50%
Toufayan Pita Bread, 6 ct (\$1.99)		\$0.99		\$0.99	50%
Bush's Best Baked Beans, 22 - 28 oz	\$1/1 Printable	\$2.00	\$1.00	\$1.00	50%
Gain Flings, 16 ct	\$2.00 Off One In-Store Kiosk Coupon	\$4.99	\$2.00	\$2.99	40%
Gain Laundry Detergent, 50 oz	\$2.00 Off One In-Store Kiosk Coupon	\$4.99	\$2.00	\$2.99	40%
Tide Laundry Detergent, 37 - 40 oz	\$2.00 Off One In-Store Kiosk Coupon	\$4.99	\$2.00	\$2.99	40%
Tide Pods, 12 - 16 ct	21.00 Off One In-Store Kiosk Coupon	\$4.99	\$2.00	\$2.99	40%
International Delight Creamers, 32 oz	\$1.00/1 Printable	\$2.99	\$1.00	\$1.99	33%
Frigo Cheese Bites 6 - 12 oz	\$1.00/1 Printable	\$3.00	\$1.00	\$2.00	33%
Frigo String Cheese, 6 - 12 oz	\$1.00/1 Printable	\$3.00	\$1.00	\$2.00	33%
Skinny Pop Popcorn, 4.4 oz	SS 07/28	\$3.00	\$1.00	\$2.00	33%
Dixie Plates, 26 - 48 ct	\$0.75/1 Printable	\$2.50	\$0.75	\$1.75	30%
Downy Scent Booster, 10 - 13.2 oz	\$2.00 Off One In-Store Kiosk Coupon	\$6.99	\$2.00	\$4.99	29%
Dreft Scent Booster, 10 - 13.2 oz	\$2.00 Off One In-Store Kiosk Coupon	\$6.99	\$2.00	\$4.99	29%
Gain Scent Booster, 10 - 13.2 oz	\$2.00 Off One In-Store Kiosk Coupon	\$6.99	\$2.00	\$4.99	29%
Badia Ground Nutmeg, 2 oz	\$.50 Off One In-Store Kiosk Coupon	\$1.99	\$0.50	\$1.49	25%
Huggies Wipes, 56 - 64 ct (2)	\$1.00/2 Printable	\$3.98	\$1.00	\$2.98	25%
Nestle Media Crema Table Cream, 7.6 oz (2)	\$1.00 off Two In-Store Kiosk Coupon	\$4.00	\$1.00	\$3.00	25%
General Mills Honey Nut Cheerios, 10.5 - 13.8 oz (2)	SS 08/25	\$4.00	\$1.00	\$3.00	25%
General Mills Lucky Charms Cereal, 10.5 - 13.8 oz (2)	SS 08/25	\$4.00	\$1.00	\$3.00	25%
Blue Bunny Novelties, 14.4 - 34 oz	\$0.75/1 Printable	\$3.50	\$0.75	\$2.75	21%
Pledge Furniture Polish, 9.7 oz	\$1.00/1 Printable	\$4.69	\$1.00	\$3.69	21%
Kellogg's Froot Loops Cereal, 10.1 - 13.7 oz (2)	RMN 08/25	\$5.00	\$1.00	\$4.00	20%
Kellogg's Frosted Flakes Cereal, 10.1 - 13.7 oz (2)	RMN 08/25	\$5.00	\$1.00	\$4.00	20%
Dixie Bowls, 26 - 48 ct (2)	RMN 08/25	\$5.00	\$1.00	\$4.00	20%

Prilosec OTC, 14 ct	\$2.00 Off One In-Store Kiosk Coupon	\$11.99	\$2.00	\$9.99	17%
Nabisco BelVita Breakfast Biscuits, 8.8 oz (2)	SS 09/15	\$6.00	\$1.00	\$5.00	17%
Nestle Abuelita Hot Chocolate Drink Tablets, 19 oz (2)	\$1.00 off Two In-Store Kiosk Coupon	\$6.00	\$1.00	\$5.00	17%
Glade Candles, 3.4 - 3.8 oz (2)	\$1.00/2 Printable	\$6.00	\$1.00	\$5.00	17%
Pup-Peroni Dog Snacks, 5.6 - 24 oz (2)	\$1.00/2 Printable	\$6.00	\$1.00	\$5.00	17%
Scrubbing Bubbles Bathroom Cleaners, 20 oz	SS 09/08	\$3.39	\$0.50	\$2.89	15%
Purina Beneful Dry Dog Food, 14 - 15 lb	\$2.00/1 Printable	\$13.99	\$2.00	\$11.99	14%
Clorox Clean-Up Spray, 32 oz	\$0.50/1 Printable	\$3.59	\$0.50	\$3.09	14%
Bounty Paper Towels, 4 dbl or 6 big rolls	\$1.00 Off One In-Store Kiosk Coupon	\$7.99	\$1.00	\$6.99	13%
Charmin Bath Tissue 4 - 6 mega or 12 dbl rolls	\$1.00 Off One In-Store Kiosk Coupon	\$7.99	\$1.00	\$6.99	13%
Nabisco Premium Crackers, 9 - 16 oz (3)	SS 08/11	\$8.97	\$1.00	\$7.97	11%
Sargento Sliced Cheese, 6.67 - 8 oz (2)	SS 08/25	\$6.00	\$0.50	\$5.50	8%
Nature Valley Protein Bars, 4.8 - 7.44 oz (2)	\$0.50/2 Printable	\$6.00	\$0.50	\$5.50	8%
Cascade Dishwasher Detergent, 20 - 37 ct	\$0.50/1 Printable	\$6.99	\$0.50	\$6.49	7%
Huggies Snug and Dry Diapers, 72 - 148 ct	SS 09/15	\$25.99	\$1.50	\$24.49	6%
Ball Park Franks, 14 - 15 oz		\$3.00		\$3.00	0%
Beef Cubed Steak, per lb		\$5.49		\$5.49	0%
Beef Top Round London Broil, per lb		\$2.99		\$2.99	0%
Boneless Pork Loin, per lb		\$2.29		\$2.29	0%
Boneless Sirloin Steaks, per lb		\$5.99		\$5.99	0%
Boneless Sirloin Strip Steaks, per lb		\$5.99		\$5.99	0%
Food Lion Chicken Drumsticks, per lb		\$0.99		\$0.99	0%
Food Lion Chicken Thighs, per lb		\$0.99		\$0.99	0%
Food Lion Sliced Bacon, 16 oz		\$3.98		\$3.98	0%
Fresh Ground Turkey Breast, 16 oz		\$4.99		\$4.99	0%
Jack Daniels Baby Back Pork Ribs, 24 oz		\$9.99		\$9.99	0%
Jimmy Dean Roll Sausage, 16 oz		\$3.88		\$3.88	0%
Johnsonville Fresh Sausage, 19 oz		\$3.99		\$3.99	0%
Nature's Promise 86% Lean Ground Beef Patties, per lb		\$5.99		\$5.99	0%
Oscar Mayer Bologna, 16 oz		\$2.00		\$2.00	0%
Oscar Mayer Deli Fresh Lunch Meats, 7 - 9 oz		\$3.00		\$3.00	0%
Perdue Oven Stuffer Roaster, per lb		\$1.29		\$1.29	0%
Pork Chops, per lb - 25% OFF		-\$1.00		-\$1.00	0%
Schweid 7 Sons Chuck Brisket Patty, 1.3 lb		\$7.49		\$7.49	0%
Smithfield Spiral Ham, per lb		\$2.49		\$2.49	0%
Snow Crab Clusters, per lb		\$9.99		\$9.99	0%
Blackberries, 6 oz		\$2.50		\$2.50	0%
Broccoli Crowns, per lb		\$1.69		\$1.69	0%
California Yellow Peaches, per lb		\$1.49		\$1.49	0%
Cucumbers, ea		\$0.50		\$0.50	0%
Food Lion Feeds Gala Apples, 3 lb bag		\$2.99		\$2.99	0%
Food Lion Single Packaged Pepper, ea		\$1.29		\$1.29	0%
Golden Delicious Apples, per lb		\$0.99		\$0.99	0%
Leaf Lettuce, ea		\$1.29		\$1.29	0%
Muscadine Grapes, quart		\$2.99		\$2.99	0%
Organic Avocados, 3 ct		\$2.99		\$2.99	0%
Organic Green Peppers, ea		\$0.99		\$0.99	0%
Pineapple, ea		\$1.99		\$1.99	0%
Raspberries, 6 oz		\$2.50		\$2.50	0%
Roma Tomatoes, per lb		\$0.99		\$0.99	0%
Sapphire Seedless Grapes, per lb		\$1.99		\$1.99	0%
Strawberries, 1 lb		\$2.99		\$2.99	0%
Sweet Onions, 5 lb bag		\$3.99		\$3.99	0%
Chicken Tenders, 4 ct		\$3.99		\$3.99	0%
Food Lion Deli Salads, 15 - 16 oz		\$2.50		\$2.50	0%
Food Lion Ham, per lb		\$4.99		\$4.99	0%
Food Lion Swiss Cheese, per lb		\$4.99		\$4.99	0%
Nature's Place Half Loaves, ea		\$1.99		\$1.99	0%
Sliced Loaf Cakes, 14 - 16 oz		\$3.00		\$3.00	0%
Stacy's Pita Chips, 6.75 - 8 oz		\$3.00		\$3.00	0%
Stacy's Pita Thins, 6.75 - 8 oz		\$3.00		\$3.00	0%
Stella Italian Wedges, 8 oz		\$3.00		\$3.00	0%
Taste of Inspirations Angus Roast Beef, per lb		\$8.99		\$8.99	0%
Taste of Inspirations Pre-Sliced Cheese, 8 oz		\$2.50		\$2.50	0%
Veroni Italian Meats, 4 oz		\$4.49		\$4.49	0%
Country Crock Spread, 45 oz		\$3.29		\$3.29	0%
Daisy Cottage Cheese, 16 oz		\$2.00		\$2.00	0%
Daisy Sour Cream, 16 oz		\$2.00		\$2.00	0%
Dannon Greek Yogurt Cups, 5.3 oz		\$0.88		\$0.88	0%
Food Lion Whipped Topping, 6.5 oz		\$1.99		\$1.99	0%

Kraft Chunk Cheese, 6 - 8 oz		\$2.50	\$2.50	0%
Kraft Shredded Cheese, 6 - 8 oz		\$2.50	\$2.50	0%
Ore-Ida Just Crack an Egg, 3 oz		\$2.00	\$2.00	0%
Pillsbury Cinnamon Rolls, 8 - 139 oz		\$2.00	\$2.00	0%
Pillsbury Crescents, 8 - 13.9 oz		\$2.00	\$2.00	0%
Pillsbury Ready to Bake Cookies, 11 - 16.5 oz		\$2.50	\$2.50	0%
Simply Orange Juice Smoothies, 32 - 52 oz		\$3.00	\$3.00	0%
Simply Orange Juice, 32 - 52 oz		\$3.00	\$3.00	0%
Tropicana Premium Ades, 52 oz		\$2.00	\$2.00	0%
DiGiorno Stuffed Crust Pizza, 21.9 - 28 oz		\$6.99	\$6.99	0%
Edwards Pies, 23.5 - 36 oz		\$4.99	\$4.99	0%
Edy's Ice Cream, 48 oz		\$2.00	\$2.00	0%
Eggo Waffles, 10.7 - 12.3 oz		\$2.00	\$2.00	0%
Food Lion Cooked Shrimp, 16 oz		\$7.99	\$7.99	0%
Food Lion French Toast Slices, 16 oz		\$2.50	\$2.50	0%
Food Lion Pink Salmon, 32 oz		\$9.99	\$9.99	0%
Food Lion Raw Shrimp, 16 oz		\$6.49	\$6.49	0%
Hungry Man Dinners, 14.5 - 16 oz		\$2.50	\$2.50	0%
Philly Gourmet Beef Patties, 8 ct		\$6.99	\$6.99	0%
PictSweet Frozen Vegetables, 22 - 24 oz		\$2.00	\$2.00	0%
Restaurant Fries, 16 - 28 oz		\$2.50	\$2.50	0%
Restaurant Onion Rings, 16 - 28 oz		\$2.50	\$2.50	0%
Stouffer's Fit Kitchen Bowls, 12 - 20 oz		\$3.00	\$3.00	0%
Stouffer's Fit Kitchen Meals, 12 - 30 oz		\$3.00	\$3.00	0%
Tombstone 12" Pizza, 19.3 - 22.1 oz		\$3.33	\$3.33	0%
Totino's Party Pizza, 9.8 - 10.9 oz		\$1.25	\$1.25	0%
A&W Products, 2 L		\$1.25	\$1.25	0%
Betty Crocker Cookie Mix Pouch, 13.5 - 21 oz		\$2.19	\$2.19	0%
Bodyarmor Sports Drink, 16 oz		\$1.25	\$1.25	0%
Bush's Grillin' Beans, 22 - 28 oz		\$2.00	\$2.00	0%
Campbell's Chunky Soup, 18.6 - 19 oz		\$1.50	\$1.50	0%
Chef Boyardee Pasta, 7.25 - 15 oz		\$1.00	\$1.00	0%
Chicken of the Sea Infusions, 2.8 - 5 oz		\$1.00	\$1.00	0%
Chicken of the Sea Solid White Tuna, 2.8 - 5 oz		\$1.00	\$1.00	0%
Coca Cola Products, 12 pk		\$3.67	\$3.67	0%
Coca Cola Products, 6 pk	Buy (1), Get (1) Pringles Mega Stack Potato Crisps, 6.8 - 7.1 oz FREE	\$3.50	\$3.50	0%
Cracker Barrel Macaroni & Cheese, 12 - 14 oz		\$3.00	\$3.00	0%
Duncan Hines Brownie Mix, 15.25 - 18.3 oz		\$1.00	\$1.00	0%
Duncan Hines Cake Mix, 15.25 - 18.3 oz		\$1.00	\$1.00	0%
Family Size Cheez-It Crackers, 19 - 21 oz		\$3.99	\$3.99	0%
Food Lion Bagged Cereal, 28 oz		\$3.49	\$3.49	0%
Food Lion Bagged Cereal, 28 oz		\$3.49	\$3.49	0%
Food Lion Canned Vegetables, 14.5 - 15.25 oz		\$0.99	\$0.99	0%
Food Lion Croutons, 5 oz		\$0.99	\$0.99	0%
Food Lion Ground Coffee, 22.6 - 24.2 oz		\$4.99	\$4.99	0%
Food Lion Hamburger Buns, 8 ct		\$1.79	\$1.79	0%
Food Lion Hot Dog Buns, 8 ct		\$1.79	\$1.79	0%
Food Lion Kosher Dill Spears, 24 oz		\$1.99	\$1.99	0%
Food Lion Non-Dairy Creamer, 35.3 oz		\$2.99	\$2.99	0%
Food Lion Tomato Ketchup, 32 - 38 oz		\$1.89	\$1.89	0%
Food Lion Yellow Mustard, 14 oz		\$1.19	\$1.19	0%
Frank's RedHot Sauce, 12 oz		\$2.50	\$2.50	0%
Frank's Wing Sauce, 12 oz		\$2.50	\$2.50	0%
Frito Lay Variety Packs, 18 ct		\$6.49	\$6.49	0%
Green Mountain Coffee, 10 - 12 oz		\$5.99	\$5.99	0%
Heinz Mayo, 19 or 30 oz		\$3.00	\$3.00	0%
Hostess Donettes, 9.5 - 14.07 oz		\$2.50	\$2.50	0%
Hunt's Manwich, 15 - 16 oz		\$0.99	\$0.99	0%
Jif Peanut Butter, 28 oz	\$1.25 OFF wyb Jif and Smuckers	\$3.49	\$3.49	0%
Kraft Jet-Puffed Marshmallows, 8 - 12 oz		\$1.25	\$1.25	0%
Kraft Miracle Whip, 30 - 36 oz		\$3.00	\$3.00	0%
Krispy Kreme Coffee K-Cups, 10 - 12 ct		\$5.99	\$5.99	0%
Little Debbie Snack Cakes, 9.5 - 16.2 oz	One Day Sale! Saturday, Sept 21	\$0.99	\$0.99	0%
Little Debbie Snack Cakes, 9.5 - 16.2 oz		\$1.66	\$1.66	0%
Mueller's Pasta, 12 - 16 oz		\$1.39	\$1.39	0%
Nature's Own Whitewheat Bread, 20 oz		\$2.50	\$2.50	0%
Nature's Promise Spring Water, 24 pk		\$2.50	\$2.50	0%
Nestle Fun Size Bag, 10 - 11.5 oz		\$3.00	\$3.00	0%
Old Orchard 100% Juice, 64 oz		\$2.00	\$2.00	0%
Old Orchard Kid's Apple Juice, 64 oz		\$2.00	\$2.00	0%

Pepperidge Farm Hot Dog Buns, 14 - 15 oz		\$2.99		\$2.99	0%
Pepperidge Farm Super Buns, 14 - 15 oz		\$2.99		\$2.99	0%
Pepsi Products, 6 pk		\$2.00		\$2.00	0%
Prego Cooking Sauce, 14.5 - 24 oz		\$2.00		\$2.00	0%
Prego Pasta Sauce, 14.5 - 24 oz		\$2.00		\$2.00	0%
Pure Leaf Tea, 6 pk		\$4.99		\$4.99	0%
Larabar, 1.6 - 1.8 oz		\$1.25		\$1.25	0%
Dawn Dish Soap, 56 oz		\$6.99		\$6.99	0%
Febreze Air Effects, 17.6 oz		\$4.99		\$4.99	0%
Febreze Fabric Spray, 2 pk		\$4.99		\$4.99	0%
Food Lion Kitchen Trash Bags, 15 - 22 ct		\$3.99		\$3.99	0%
Food Lion Trash Bags, 15 - 22 ct		\$3.99		\$3.99	0%
Beech Nut Baby Food Pouches, 3.5 oz		\$0.96		\$0.96	0%
Beech Nut Complete Baby Cereal, 8 oz		\$1.99		\$1.99	0%
Friskies Party Mix Cat Treats, 20 oz		\$7.99		\$7.99	0%
Iams Dry Cat Food, 3.5 lb		\$7.49		\$7.49	0%
Milk Bone Dog Snacks, 5.6 - 24 oz		\$3.00		\$3.00	0%