

Food Lion (9/25 - 10/1) MoolaSavingMom.com

Title	Description	Price	Coupon	Final Price	% Saved
Mix & Match. Buy 3, Save \$3					
Betty Crocker Brownie Mix, 16 - 19.1 oz		\$2.49	\$1.00	\$1.49	40%
Bugles, 7.5 - 8.75 oz (2)	\$0.50/2 Printable	\$4.00	\$2.50	\$1.50	63%
Chex Mix, 7.5 - 8.75 oz (2)	\$0.50/2 Printable	\$4.00	\$2.50	\$1.50	63%
Nabisco Tray Packs, 8.76 - 28.8 oz		\$4.99	\$1.00	\$3.99	20%
Nature Valley Granola Bars, 7.4 - 8.98 oz (2)	\$0.50/2 Printable	\$5.98	\$2.50	\$3.48	42%
Old El Paso Fajita Dinner Kit, 8.4 - 12.5 oz		\$2.49	\$1.00	\$1.49	40%
Old El Paso Taco Dinner Kit, 8.4 - 12.5 oz		\$2.49	\$1.00	\$1.49	40%
Pillsbury Grands! Biscuits, 16.3 oz		\$1.88	\$1.00	\$0.88	53%
Totino's Pizza Rolls, 24.80 oz (2)	\$1.50/2 Printable	\$5.98	\$3.50	\$2.48	59%
Buy 3, Save \$3					
Nabisco Chips Ahoy! Cookies, 13 - 20 oz		\$3.49	\$1.00	\$2.49	29%
Nabisco Family Size Oreo Cookies, 13 - 20 oz		\$3.49	\$1.00	\$2.49	29%
Nabisco Honey Maid Family Size, 25.6 oz (2)	SS 08/18	\$9.98	\$2.75	\$7.23	28%
Nabisco Ritz Family Size Crackers, 21 oz		\$3.49	\$1.00	\$2.49	29%
Nabisco Snack Crackers, 12 - 16.3 oz		\$3.49	\$1.00	\$2.49	29%
Ritz Crisp & Thins Family Size, 10 - 11.4 oz		\$3.49	\$1.00	\$2.49	29%
Nabisco Graham Crackers, 12 - 14.4 oz (\$4.49) (2)	SS 08/18	\$4.49	\$0.75	\$3.74	58%
Cheetos, 7 - 9.75 oz (\$3.79)		\$1.89		\$1.89	50%
Donut Hole Tubs, 9 - 11 oz (\$2.99)		\$1.49		\$1.49	50%
Entenmann's Little Bites, 7.4 - 22 oz - B1G1	B1G1				50%
Food Lion Bagels, 4 ct (\$2.99)		\$1.49		\$1.49	50%
Fritos, 7 - 9.75 (\$3.79)		\$1.89		\$1.89	50%
Gems Tubs, 9 - 11 oz (\$2.99)		\$1.49		\$1.49	50%
Keebler Chips Deluxe Cookies, 8 - 16.4 oz (\$4.49)		\$2.24		\$2.24	50%
Keebler Fudge Shoppe Cookies, 8 - 16.4 oz (\$4.49)		\$2.24		\$2.24	50%
Mini Cruller Tubs, 9 - 11 oz (\$2.99)		\$1.49		\$1.49	50%
Nabisco Nilla Wafers, 12 - 14.4 oz (\$4.49)		\$2.24		\$2.24	50%
Oscar Mayer Franks, 15 - 16 oz (\$4.79)		\$2.39		\$2.39	50%
Tastykake Donuts, 8 - 16.5 oz - B1G1	B1G1				50%
Tastykake Snack Cakes, 8 - 16.5 oz - B1G1	B1G1				50%
Utz Potato Chips, 8.5 - 9.5 oz (\$4.29)		\$2.14		\$2.14	50%
Wise Cheez Doodles, 5.5 - 8.5 oz (\$3.49)		\$1.74		\$1.74	50%
Wise Popcorn, 5.5 - 8.5 oz (\$3.49)		\$1.74		\$1.74	50%
Yancey's Fancy Cheeses, 7.6 oz (\$6.99)		\$2.99		\$2.99	50%
Pace Salsa, 16 oz	\$0.50/1 Printable	\$2.00	\$0.50	\$1.50	25%
Pace Taco Complete, 16 oz	\$0.50/1 Printable	\$2.00	\$0.50	\$1.50	25%
Dole Fruit Bowls, 4 pk	\$0.50/1 Printable	\$2.29	\$0.50	\$1.79	22%
Yoplait Yogurt, 4 - 6 oz (5)	\$0.50/5 Printable	\$2.50	\$0.50	\$2.00	20%
Keebler Sandies, 11.2 - 12.4 oz (2)	\$1.00/2 Printable	\$5.00	\$1.00	\$4.00	20%
Lance Crackers, 8 pk (2)	\$1/2 Printable	\$5.00	\$1.00	\$4.00	20%
Angel Soft Bath Tissue, 12 dbl or 6 mega rolls	\$1.00/1 Printable	\$5.49	\$1.00	\$4.49	18%
Sparkle Paper Towels, 6 giant rolls	\$1.00/1 Printable	\$5.49	\$1.00	\$4.49	18%
Tyson Frozen Chicken, 16 - 28.05 oz	\$1.00 Off One In-Store Kiosk Coupon	\$6.99	\$1.00	\$5.99	14%
Hormel Pepperoni, 5 - 6 oz (2)	\$1.00 Off Two In-Store Kiosk Coupon	\$7.00	\$1.00	\$6.00	14%
Welch's Fruit Snacks, 19.8 oz (2)	\$1.00/2 Printable	\$7.98	\$1.00	\$6.98	13%
93% Lean Fresh Ground Beef, per lb		\$4.49		\$4.49	0%
Beef Cubed Steak, per lb		\$5.49		\$5.49	0%
Beef Shoulder Roast, per lb		\$4.99		\$4.99	0%
Beef T-Bone Steak, per lb		\$8.99		\$8.99	0%
Boneless Stew Beef, per lb		\$5.49		\$5.49	0%
Boston Butt Country Style Pork Ribs, per lb		\$1.99		\$1.99	0%
Cold Water Lobster Tail, per lb		\$5.99		\$5.99	0%
Food Lion Fresh Brats, 16 oz	Buy (1) Get (1) 3 lb Bag of Food Lion Onions FREE	\$2.98		\$2.98	0%
Food Lion Ground Turkey, 3 lb		\$6.99		\$6.99	0%
Food Lion Lunchmeat Trays, 7 -9 oz		\$2.98		\$2.98	0%
Food Lion Sausage, 9 - 12 oz		\$2.48		\$2.48	0%
Go Wild Asian Citrus Ahi Tuna Steaks, 10 oz		\$7.49		\$7.49	0%

Oscar Mayer Ham & Turkey Sub Kit, 28 oz		\$5.99	\$5.99	0%
Oscar Mayer Lunchables Fun Pack, 8 - 12 oz		\$2.50	\$2.50	0%
Oscar Mayer Sliced Bacon, 12 - 16 oz		\$5.69	\$5.69	0%
Pork Baby Back Ribs, per lb		\$2.49	\$2.49	0%
Salmon Fillets, 10 oz		\$5.99	\$5.99	0%
Smithfield Center Cut Ham Steak, per lb		\$2.99	\$2.99	0%
Whole Pork Boston Butt, per lb		\$0.99	\$0.99	0%
California Yellow Nectarines, per lb		\$1.49	\$1.49	0%
Food Lion Feeds Gala Apples, 3 lb bag	Buy (1) Get (1) 16 - 16.3 oz Food Lion Peanut Butter FREE	\$2.99	\$2.99	0%
Fresh Express Salad Blends, 6 - 9 oz		\$2.00	\$2.00	0%
Gold Potatoes, 5 lb bag		\$2.99	\$2.99	0%
Mandarins, 3 lb bag		\$2.99	\$2.99	0%
Father's Table Pumpkin Roll, ea		\$3.99	\$3.99	0%
Food Lion Boneless Chicken Wings, per lb		\$5.99	\$5.99	0%
Food Lion Cooked Ham, per lb		\$3.99	\$3.99	0%
Food Lion Take N Bake Pizzas, 12 in		\$5.00	\$5.00	0%
Mini Croissants, 8 ct		\$3.00	\$3.00	0%
Stella Italian Cheese Cup, 5 oz		\$2.99	\$2.99	0%
Taste of Inspirations Chicken Breast, per lb		\$6.99	\$6.99	0%
Taste of Inspirations Havarti Cheese, per lb		\$6.99	\$6.99	0%
Taste of Inspirations Hummus, 10 oz		\$2.50	\$2.50	0%
Food Lion Chunk Cheese, 12 - 16 oz		\$3.00	\$3.00	0%
Food Lion Shredded Cheese, 12 - 16 oz		\$3.00	\$3.00	0%
Nature's Promise Organic Yogurt, 32 oz	Buy (1) Get (1) 11 - 12 oz Nature's Promise Organic Granola FREE	\$3.99	\$3.99	0%
Food Lion Arrowtooth Flounder, 32 oz		\$5.99	\$5.99	0%
Food Lion Arrowtooth Whiting, 32 oz		\$5.99	\$5.99	0%
Food Lion Cooked Shrimp, 16 oz		\$7.99	\$7.99	0%
Food Lion Raw Shrimp, 6 oz		\$6.49	\$6.49	0%
Healthy Choice Cafe Steamers, 9.5 - 18 oz		\$2.00	\$2.00	0%
Marie Callender's Steamers, 9.5 - 18 oz		\$2.00	\$2.00	0%
Turkey Hill Ice Cream 48 oz		\$2.00	\$2.00	0%
A&W Products, 2 L		\$0.99	\$0.99	0%
Classico Pasta Sauce, 15 - 24 oz		\$1.50	\$1.50	0%
Coca Cola Products, 6 pk		\$2.19	\$2.19	0%
Dasani Water, 24 pk		\$3.99	\$3.99	0%
Duke's Squeeze Mayonnaise, 18 oz		\$3.00	\$3.00	0%
Emerald Bag Nuts, 5 - 6.5 oz		\$3.00	\$3.00	0%
Famous Amos Cookies, 11.2 - 12.4 oz		\$2.50	\$2.50	0%
Food Lion Grated Parmesan Cheese, 8 oz		\$2.99	\$2.99	0%
Food Lion Ground Black Pepper, 3 oz		\$2.89	\$2.89	0%
Food Lion Sparkling Water, 1 L		\$0.59	\$0.59	0%
Gatorade Variety Pack, 18 pk		\$9.99	\$9.99	0%
Gatorade, 8 pk		\$5.50	\$5.50	0%
Gevalia Coffee, 12 oz		\$5.99	\$5.99	0%
GoGo Squeez Applesauce on the Go, 4 pk	Buy (2) Get (1) 8 pk Juicy Juice 100% Juice FREE	\$2.50	\$2.50	0%
Heinz Simply Ketchup, 31 oz		\$3.00	\$3.00	0%
Heinz Tomato Ketchup, 38 oz		\$3.00	\$3.00	0%
Hidden Valley Salad Dressing, 12 - 16 oz		\$3.00	\$3.00	0%
House Autry Breading Mix, 32 oz		\$2.99	\$2.99	0%
Jell-O Gelatin Mix, .3 - 3.9 oz		\$1.00	\$1.00	0%
Jell-O Instant Pudding, .3 - 3.9 oz		\$1.00	\$1.00	0%
Kraft Barbecue Sauce, 17.5 - 18 oz		\$1.25	\$1.25	0%
Lipton Tea, 12 pk		\$4.99	\$4.99	0%
McCafe Coffee K-Cups, 6 - 12 ct		\$5.99	\$5.99	0%
Nature's Promise Extra Virgin Olive Oil, 17 oz	Buy (1) Get (1) 8 oz Taste of Inspirations Fresh Mozzarella Ball FREE	\$4.78	\$4.78	0%
Nature's Promise Organic Coffee K-Cups, 12 ct	Buy (1) Get (1) 64 oz Nature's Promise Almondmilk FREE	\$3.99	\$3.99	0%
Nestle Toll House Morsels, 10 - 12 oz		\$2.50	\$2.50	0%
Pepperidge Farm Epic Crunch, 5.5 - 8 oz		\$2.00	\$2.00	0%
Pepperidge Farm Goldfish, 5.5 - 8 oz		\$2.00	\$2.00	0%
Pepsi Products, 12 pk		\$3.33	\$3.33	0%
Pringles Mega Stack Potato Crisps, 6.8 - 7.1 oz		\$1.69	\$1.69	0%
Red Bull Energy Drink, 12 oz		\$2.50	\$2.50	0%
Scott's BBQ Sauce, 16 oz		\$2.99	\$2.99	0%
Smucker's Beekeeper's Promise Honey, 11.5 - 12 oz		\$3.99	\$3.99	0%
Wonder Hamburger Buns, 12 ct		\$3.00	\$3.00	0%
Wonder Hot Dog Buns, 12 ct		\$3.00	\$3.00	0%