

Harris Teeter 12/2 - 12/8 {MoolaSavingMom.com}

Item	Coupon	Price	Coupon	Doubled	Final Price	% Saved
EVIC						
Challenge Butter or Danish Creamery Butter, 15	\$0.50/1 Printable	\$2.97	\$0.50	\$1.00	\$1.97	34%
Silk Milk, 64 oz (Limit 4)	\$1.00/1 Printable	\$2.47	\$1.00	\$1.00	\$1.47	40%
Tropicana Orange Juice, 52 oz, or Tazo Organic Tea, 32 oz (Limit 4)		\$2.97			\$2.97	0%
Yoplait Yogurt, 6 oz (Limit 18) (10)	\$1.00/10 Printable	\$3.70	\$1.00	\$1.00	\$2.70	27%
Save \$10.00 wyb \$40.00						
Luvs Diapers Big Pack	P&G 11/22	\$15.99	\$1.50	\$1.50	\$14.49	9%
Pampers Jumbo Pack	P&G 11/22	\$8.49	\$1.00	\$1.00	\$7.49	12%
Pampers Pure Baby Wipes, 6 pk (2)	P&G 11/22	\$29.98	\$0.50	\$1.00	\$28.98	3%
Pampers Super Pack (2)	P&G 11/22 (2)	\$49.98	\$2.00	\$12.00	\$37.98	24%
Get a \$10.00 PrePaid Mastercard wyb \$30.00						
Bounce Dryer Sheets, 240 ct		\$8.99			\$8.99	0%
Bounce Pet Hair & Lint Guard Mega Dryer Shee		\$8.99			\$8.99	0%
Downy Defy Damage Conditioning Beads, 22.9		\$11.99			\$11.99	0%
Downy Fabric Conditioner, 32 - 51 oz		\$4.99			\$4.99	0%
Downy Unstopables, 20.1 oz		\$11.99			\$11.99	0%
Downy WrinkleGuard, 25 oz		\$4.99			\$4.99	0%
Tide Hygienic Clean Liquid, 154 oz		\$19.99			\$19.99	0%
Tide To-Go Wipes, 10 ct		\$4.99			\$4.99	0%
Save \$10.00 wyb \$30.00						
Always Discreet Adult Incontinence Pads or Un		\$12.99			\$12.99	0%
Always Infinity Feminine Pads, 26 ct		\$6.99			\$6.99	0%
Crest 3D White Mouthwash, 32 - 33.8 oz	P&G 11/22	\$6.99	\$1.00	\$1.00	\$5.99	14%
Crest 3D White Toothpaste, 4.1 oz	P&G 11/22	\$6.99	\$2.00	\$2.00	\$4.99	29%
Crest ProHealth Advanced Mouthwash, 16.9 oz	P&G 11/22	\$3.99	\$1.00	\$1.00	\$2.99	25%
Crest ProHealth Advanced Toothpaste, 5.1 oz	P&G 11/22	\$3.99	\$2.00	\$2.00	\$1.99	50%
Gillette Fusion 5 Razor, 1 ct	P&G 11/22	\$10.00	\$2.00	\$2.00	\$8.00	20%
Gillette Fusion5 Shave Gel, 7 oz		\$2.99			\$2.99	0%
Head & Shoulders Shampoo, Conditioner, or 2-i	P&G 11/22	\$11.98	\$3.00	\$3.00	\$8.98	25%
Olay Body Wash, 22 oz	P&G 11/22	\$5.99	\$1.00	\$1.00	\$4.99	17%
Olay Cleanse Facial Cloths, 25 - 30 ct		\$4.99			\$4.99	0%
Olay Foaming Cleansers, 5 - 6.7 oz		\$4.99			\$4.99	0%
Old Spice Deodorant, 2.4 - 3 oz (2)	P&G 11/22	\$9.98	\$1.00	\$1.00	\$8.98	10%
Oral-B Glide Floss or Floss Picks		\$3.99			\$3.99	0%
Oral-B ProFlex Toothbrush, 2 ct	P&G 11/22	\$6.99	\$2.00	\$2.00	\$4.99	29%
Oral-B ProHealth Advanced Toothbrush, 1 ct	P&G 11/22	\$3.99	\$2.00	\$2.00	\$1.99	50%
Pantene Shampoo or Conditioner, 12 - 12.6 oz (P&G 11/22	\$17.97	\$5.00	\$5.00	\$12.97	28%
Secret Deodorant, 2.4 - 3 oz		\$4.99			\$4.99	0%
Tampax Pocket Radiant Tampons, 28 ct		\$6.99			\$6.99	0%
Venus Razors, 1 ct	P&G 11/22	\$10.99	\$2.00	\$2.00	\$8.99	18%
Venus Ultra-Moisture Shave Gel, 6 oz		\$2.99			\$2.99	0%
Vicks Flu Therapy Day & Night Tea Sachets, 9 c	P&G 11/22	\$7.99	\$2.00	\$2.00	\$5.99	25%
Vicks Nyquil or Dayquil Severe, 12 oz or 24 ct (P&G 11/22	\$19.98	\$3.00	\$3.00	\$16.98	15%
Save \$5.00 wyb \$15.00						
Belvita		\$3.00			\$3.00	0%
Chips Ahoy! Family Size		\$3.50			\$3.50	0%
Honey Maid Grahams		\$3.00			\$3.00	0%
Nilla Wafers		\$3.00			\$3.00	0%
Nutter Butter Family Size		\$3.50			\$3.50	0%
Oreos Family Size		\$3.50			\$3.50	0%
Buy 2 Get 3 FREE						
HT Traders Coffee, 12 oz (Limit 10) (5)		\$39.95	\$23.97	\$23.97	\$15.98	60%
HT Traders Ice Cream Pints, 16 oz (Limit 10) (5)		\$19.95	\$11.97	\$11.97	\$7.98	60%

Buy 2 Get 1 FREE						
Hershey's Singles, 1 ct (3)		\$3.57	\$1.19	\$1.19	\$2.38	33%
Nabisco Ritz Crackers 11.8 - 13.7 oz (3)		\$14.37	\$4.79	\$4.79	\$9.58	33%
Nabisco Ritz Toasted Chips or Crispers, 7 - 8.1 oz (3)		\$11.97	\$3.99	\$3.99	\$7.98	33%
Angus Beef Boneless Chuck Tender Roast or Steer		\$3.49			\$3.49	50%
Angus Beef Cubed Steak or Lean Stew Meat, per lb		\$2.99			\$2.99	50%
Baby Carrots, 1 lb (\$1.69)		\$0.84			\$0.84	50%
Bolthouse Farms Premium Juice, 15.2 oz (\$2.99)		\$1.49			\$1.49	50%
Breyers Ice Cream, 48 oz (\$6.39)		\$3.19			\$3.19	50%
Cap Cod Chips or Waves, 7 - 8 oz (\$3.79)		\$1.89			\$1.89	50%
Chex Mix, 15 oz (\$4.29)		\$2.14			\$2.14	50%
Classico Pasta Sauce, 24 oz (\$2.89)		\$1.44			\$1.44	50%
Entenmann's Little Bites, 8.25 - 8.71 oz (\$4.99)		\$2.49			\$2.49	50%
Fresh Foods Market Baked Cookies, 12 ct (\$3.99)		\$1.99			\$1.99	50%
HT Cheese Singles, 12 oz (\$3.49)		\$1.74			\$1.74	50%
HT Chunk Cheese, 8 oz (\$3.39)		\$1.69			\$1.69	50%
HT Saltines, 16 oz (\$2.29)		\$1.14			\$1.14	50%
HT Small Pack Boneless Chicken Breast, per lb		\$2.49			\$2.49	50%
Kraft Mac & Cheese Dinners, 5.5 - 7.25 oz (\$0.99)		\$0.49			\$0.49	50%
Late July Popcorn, 4.4 oz (\$3.69)		\$1.84			\$1.84	50%
Oscar Mayer Meat or Beef Franks, 15 - 16 oz (\$2.99)		\$2.99			\$2.99	50%
Pepsi Products, 2 L (\$2.29)		\$1.14			\$1.14	50%
Perdue Harvestland Organic Boneless Chicken Breast		\$4.49			\$4.49	50%
Progresso Soup, 18 - 19 oz (\$2.69)		\$1.34			\$1.34	50%
Quaker Life Cereal, 18 oz (\$5.49) (2)	\$1.00/2 Printable	\$5.49	\$1.00	\$1.00	\$4.49	59%
Red's Burritos, 4.5 - 5 oz (\$2.49)		\$1.24			\$1.24	50%
Smithfield All Natural Boneless Pork Tenderloin		\$2.99			\$2.99	50%
Swanson Chicken or Beef Broth, 14.5 oz (\$1.39)		\$0.69			\$0.69	50%
Trident Gum Bottle, 1 ct (\$3.99)		\$1.99			\$1.99	50%
Utz Chips, 9 - 9.5 oz (\$4.29)		\$2.14			\$2.14	50%
Whole or Sliced White Mushrooms, 8 oz (\$1.99)		\$0.99			\$0.99	50%
Wish-Bone Salad Dressing, 15 oz (\$1.99)		\$0.99			\$0.99	50%
16/20 ct Argentine Shrimp, per lb		\$7.99			\$7.99	0%
16/20 ct Tail-On Cooked Shrimp, per lb		\$15.99			\$15.99	0%
31/40 ct White Shrimp, per lb		\$6.99			\$6.99	0%
Aidell's Chicken Sausage, 12 oz		\$4.50			\$4.50	0%
Bob Evans Sides, 20 - 24 oz		\$3.50			\$3.50	0%
Cooked Lobster Claws, per lb		\$8.99			\$8.99	0%
East Coast Shrimp, per lb		\$7.99			\$7.99	0%
Flounder Fillets, per lb		\$8.99			\$8.99	0%
HT Rancher Corned Beef Brisket, per lb		\$4.99			\$4.99	0%
HT Rancher Whole Beef Tenderloin, per lb		\$11.99			\$11.99	0%
Haddock Fillets, per lb		\$7.99			\$7.99	0%
Jumbo Lobster Tails, per lb		\$24.99			\$24.99	0%
King Crab Clusters, per lb		\$23.99			\$23.99	0%
Lobster Cakes, ea		\$5.49			\$5.49	0%
Mahi Mahi Fillets, per lb		\$7.99			\$7.99	0%
Mahogany Clams, 2 lb		\$5.49			\$5.49	0%
Nathan's Beef Franks, 12 oz		\$3.99			\$3.99	0%
Niman Ranch Uncured Prosciutto or Salame, 3 ct		\$2.99			\$2.99	0%
Oscar Mayer Bacon, 12 - 16 oz		\$5.49			\$5.49	0%
Salmon Steak, per lb		\$7.99			\$7.99	0%
Signature Crab Cakes, 4 ct		\$11.99			\$11.99	0%
Store Made Express Shrimp Platter, ea		\$12.99			\$12.99	0%
Tilapia Fillets, per lb		\$5.99			\$5.99	0%
Avocados, 2 ct		\$1.67			\$1.67	0%
Blackberries, 6 oz		\$2.50			\$2.50	0%
Campari Tomatoes, 16 oz		\$3.00			\$3.00	0%
Cantaloupe, ea		\$0.99			\$0.99	0%
Ear Smart Cut Vegetables, 12 oz		\$2.50			\$2.50	0%

Farmers Market Baby Spinach, 6 oz		\$1.99			\$1.99	0%
Farmers Market Fruit Medley, 16 oz		\$3.49			\$3.49	0%
Fresh Express Chopped Salad Kits, 10.9 - 12 oz		\$2.50			\$2.50	0%
Fresh Express Salad Kits, 6.4 - 10.4 oz		\$3.00			\$3.00	0%
Garden Fresh Jack's Mild or Medium Salsa, 16 oz		\$2.50			\$2.50	0%
Lemons, ea		\$0.50			\$0.50	0%
Mangos, ea		\$1.00			\$1.00	0%
Navel Oranges, ea		\$0.33			\$0.33	0%
Organic Blueberries, ot		\$3.99			\$3.99	0%
Raspberries, 6 oz		\$2.50			\$2.50	0%
Red or Green Seedless Grapes, 3 lb		\$5.99			\$5.99	0%
Red, Bosc, Bartlett, or Anjou Pears, per lb		\$1.79			\$1.79	0%
Snap Dragon or Kanzi Apples, per lb		\$1.99			\$1.99	0%
White Cauliflower, ea		\$2.99			\$2.99	0%
Boar's Head Maple Glazed Honey Coat Turkey		\$8.99			\$8.99	0%
Fresh Foods Market Band of Bakers Baguettes, 12 ct		\$1.99			\$1.99	0%
Fresh Foods Market Donuts, 12 ct		\$3.99			\$3.99	0%
Fresh Foods Market Rotisserie Chicken, ea		\$4.99			\$4.99	0%
Imported Aged Parmigiano Reggiano, per lb		\$13.99			\$13.99	0%
Breakstone's Doubles, 4 oz		\$0.88			\$0.88	0%
Breakstone's Sour Cream, 16 oz		\$1.67			\$1.67	0%
Chibani Flips, 4 pk		\$3.99			\$3.99	0%
Chobani Creamers, 24 oz		\$3.50			\$3.50	0%
Chobani Less Sugar or Complete Yogurt, 5.3 oz		\$1.00			\$1.00	0%
Chobani Oat Milk, 52 oz		\$3.50			\$3.50	0%
Cracker Barrel Cubes, 2 oz		\$0.88			\$0.88	0%
Daisy Cottage Cheese, 15 oz		\$2.50			\$2.50	0%
Daisy Sour Cream Squeeze, 14 oz		\$2.50			\$2.50	0%
Eggland's Best Cage Free Eggs, 18 ct	SS 11/08	\$3.99	\$0.50	\$1.00	\$2.99	25%
Eggland's Best Large Eggs, 18 ct	SS 11/08	\$3.49	\$0.50	\$1.00	\$2.49	29%
Fage Greek or Best Self Yogurt, 5.3 - 7 oz		\$1.00			\$1.00	0%
HT Carbmater Milk, 64 oz		\$3.50			\$3.50	0%
HT Sour Cream, 6 oz		\$1.25			\$1.25	0%
Horizon Organic Grassfed or Growing Years Milk		\$4.99			\$4.99	0%
Jell-O Pudding or Gelatin, 4 pk		\$1.67			\$1.67	0%
Nellie's Free Range Extra Large Eggs, 12 ct	\$1.00/1 Printable	\$2.99	\$1.00	\$1.00	\$1.99	33%
Pillsbury Crescents, Cinnamon Rolls, or Grands!	SS 11/22	\$3.00	\$1.00	\$1.00	\$2.00	33%
Sargento Shredded Cheese, 6 - 8 oz	SS 10/18	\$2.50	\$0.75	\$1.50	\$1.00	60%
Sargento Sliced Cheese, 6 - 8 oz	SS 10/18	\$3.00	\$0.75	\$1.50	\$1.50	50%
Simple Truth Organic Milk, 64 oz		\$3.50			\$3.50	0%
Birds Eye Steamfresh Vegetables, 10 oz		\$1.00			\$1.00	0%
Birds Eye Veggie Made, 10 - 14 oz		\$3.00			\$3.00	0%
Birds Eye Voila! Chicken, 21 - 22 oz		\$3.33			\$3.33	0%
DiGiorno Pizza, 17.2 - 31.5 oz		\$5.00			\$5.00	0%
Edwards Pies		\$4.99			\$4.99	0%
Enlightened Ice Cream, 15 - 16 oz (2)	\$1.00/2 Printable	\$7.00	\$1.00	\$1.00	\$6.00	14%
HT Frozen Fruit, 16 oz		\$3.59			\$3.59	0%
HT Non-Steam Vegetables, 8 - 12 oz		\$1.50			\$1.50	0%
HT Whipped Topping, 8 oz		\$0.99			\$0.99	0%
Haagen-Dazs Ice Cream, 14 oz		\$4.00			\$4.00	0%
Kellogg's Eggo Waffles, 8.5 - 12.3 oz		\$2.00			\$2.00	0%
Lean Cuisine Entrees, 8 - 10 oz		\$2.00			\$2.00	0%
MorningStar Farms Products, 5.35 - 10.5 oz		\$3.33			\$3.33	0%
Mrs's Smith Pumokin Pie		\$4.99			\$4.99	0%
Mrs. T's Pierogies, 16 oz		\$3.00			\$3.00	0%
Ore-Ida Potato or Hash Browns, 20 - 32 oz		\$3.00			\$3.00	0%
Red Baron Pizza, 14.97 - 23.45 oz		\$3.50			\$3.50	0%
Screamin' Sicilian Pizza Singles, 15 - 16 oz	\$1.00/1 Printable	\$3.50	\$1.00	\$1.00	\$2.50	29%
Sister Schubert's Yeast or Parker House Rolls, 12 ct		\$3.00			\$3.00	0%
Tillamook Ice Cream, 1.75 qt		\$4.00			\$4.00	0%
Yasso Bars, 4 ct		\$4.00			\$4.00	0%
Yummy Chicken, 19 - 25 oz		\$5.99			\$5.99	0%
AHA Sparkling Water, 8 pk		\$3.33			\$3.33	0%

Aquafina Water, 24 pk		\$4.49			\$4.49	0%
Bear Naked Granola, 11 - 12 oz		\$3.50			\$3.50	0%
Cameron's Coffee, 12 ct		\$4.99			\$4.99	0%
Campbell's Cream or Chicken or Mushroom Sou		\$1.00			\$1.00	0%
Cheez-It Family Size, 21 oz		\$4.00			\$4.00	0%
Coca-Cola Products, 12 pk		\$3.33			\$3.33	0%
Deer Park Water, 24 pk		\$2.99			\$2.99	0%
Fritos, Cheetos, or Rold Gold Pretzels, 8 - 16 oz		\$2.50			\$2.50	0%
General Mills Cheerios, 12 oz (2)	\$1.00/2 Printable	\$6.00	\$1.00	\$1.00	\$5.00	17%
General Mills Cinnamon Toast Crunch, 14.8 oz (\$1.00/2 Printable	\$6.00	\$1.00	\$1.00	\$5.00	17%
General Mills Honey Nut Cheerios, 13.4 oz (2)	\$1.00/2 Printable	\$6.00	\$1.00	\$1.00	\$5.00	17%
Gevalia Coffee, 12 oz or 12 ct		\$4.99			\$4.99	0%
Ghirardelli Baking Chips, 10 oz		\$3.50			\$3.50	0%
Gold Medal Flour, 5 lb		\$2.00			\$2.00	0%
Gold Peak Tea, 6 pk		\$4.99			\$4.99	0%
HT 100% Cranberry Juice, 64 oz		\$2.29			\$2.29	0%
HT Baking Nuts, 5 - 6 oz		\$3.50			\$3.50	0%
HT Black, Kidney, or Pinto Beans, 15 - 15.5 oz		\$0.49			\$0.49	0%
HT Diced or Stewed Tomatoes, 14.5 oz		\$0.49			\$0.49	0%
HT French Fried Onions		\$2.50			\$2.50	0%
HT Graham Cracker Pie Crust, 6 oz		\$0.99			\$0.99	0%
HT Light Brown or Powered Sugar, 32 oz		\$1.79			\$1.79	0%
HT Mixers or Seltzers, 1 L		\$0.59			\$0.59	0%
HT Soda, 2 L		\$0.59			\$0.59	0%
HT Traders Artichokes, 13.75 oz		\$2.50			\$2.50	0%
Hershey's Kisses, 10 oz		\$3.50			\$3.50	0%
Hidden Valley Ranch Packets		\$1.25			\$1.25	0%
Karo Corn Syrup, 16 oz	SS 11/08	\$2.79	\$0.40	\$0.80	\$1.99	29%
Kashi Bar or Bites, 5.3 - 8.4 oz		\$2.50			\$2.50	0%
Kashi Cereals 10 - 16.3 oz		\$3.00			\$3.00	0%
Kellogg's Mini-Wheats, Raisin Bran, or Special	\$0.50/1 Printable	\$2.50	\$0.50	\$1.00	\$1.50	40%
Kellogg's Nutri-Grain Bars, 10.4 oz		\$2.50			\$2.50	0%
Kellogg's Pop-Tarts, 8 ct (3)	\$1.00/3 Printable	\$6.00	\$1.00	\$1.00	\$5.00	17%
Kellogg's Special K Bars, 5.2 - 7.4 oz		\$2.50			\$2.50	0%
Kelloggs Multipacks, 8 - 12.6 oz		\$4.00			\$4.00	0%
Kelloggs Rice Krispies Treats 5.6 - 6.2 oz		\$1.67			\$1.67	0%
Kraft Mayo, 22 - 30 oz		\$3.00			\$3.00	0%
Libbys Corn, Peas, or Green Beans		\$1.00			\$1.00	0%
M&M's Christmas, 7.44 - 10 oz		\$3.00			\$3.00	0%
McCormick Pure Vanilla Extract, 1 oz		\$4.35			\$4.35	0%
Nature Valley Granola Bars, 7.4 - 8.9 oz		\$2.50			\$2.50	0%
Pepperidge Farm Farmhouse or Swirl Bread, 16		\$3.00			\$3.00	0%
Pepperidge Farm Milano or Sweet & Simple Co		\$3.00			\$3.00	0%
Pepsi Products, 6 pk 16.9 oz		\$2.50			\$2.50	0%
Planters NUT-rition, 7.5 - 9.75 oz		\$3.99			\$3.99	0%
Polar Seltzer, 1 L		\$0.80			\$0.80	0%
Private Selection Pasta, 16 oz		\$1.25			\$1.25	0%
Private Selection Preserves, 11 oz		\$2.50			\$2.50	0%
Seattle's Best Coffee, 12 oz or 10 ct		\$3.99			\$3.99	0%
Simple Truth Mixed Berry Granola, 14 - 16 oz		\$2.99			\$2.99	0%
Simple Truth Organic 90 Second Quick Rice, 8.8		\$1.67			\$1.67	0%
Simple Truth Organic Extra Virgin olive Oil, 17		\$4.99			\$4.99	0%
Simple Truth Organic Marinades, 12 oz		\$2.50			\$2.50	0%
Simple Truth Organic Peanut Butter, 16 oz		\$3.99			\$3.99	0%
Smartwater, 6 pk		\$5.00			\$5.00	0%
Snyder's Family Size Pretzels, 16 oz		\$3.00			\$3.00	0%
Sparkling Ice, 17 oz		\$0.80			\$0.80	0%
Vitaminwater, 6 pk		\$5.00			\$5.00	0%
Wesson Vegetable or Canola Oil, 48 oz		\$2.00			\$2.00	0%
Crest 3D White Toothpaste, 3 oz	P&G 11/22	\$2.99	\$2.00	\$2.00	\$0.99	67%
Dove Shampoo or Conditioner, 12 oz		\$2.99			\$2.99	0%
ONE Protein Bars, 2.12 oz		\$2.00			\$2.00	0%
Vicks Nyquil or Dayquil Severe, 12 oz or 24 ct (P&G 11/22	\$19.98	\$3.00	\$3.00	\$16.98	15%

All Laundry Detergent, 36 oz	\$1.50/1 Printable	\$3.00	\$1.50	\$1.50	\$1.50	50%
Charmin Bath Tissue, 9 mega or 6 super mega	P&G 11/22	\$9.99	\$0.25	\$0.50	\$9.49	5%
Energizer Max AA/AAA Batteries, 16 ct	\$0.75/1 Printable	\$9.99	\$0.75	\$1.50	\$8.49	15%
Finish Powerball, 19 - 26 ct	SS 11/15	\$4.99	\$1.00	\$1.00	\$3.99	20%
HT Aluminum Foil, 50 - 75 sq ft		\$2.50			\$2.50	0%
HT Parchment Paper, 30 sq ft		\$2.50			\$2.50	0%
HT Trash Bags, 18 - 45 ct		\$5.49			\$5.49	0%
Persil Laundry Detergent, 100 oz or 38 ct	RMN 11/15	\$11.99	\$3.00	\$3.00	\$8.99	25%
Snuggle Fabric Care, 32 oz		\$3.00			\$3.00	0%
Purina ONE Dog Food, 16 lb		\$21.99			\$21.99	0%