

Harris Teeter 10/6 - 10/12 (MoolaSavingMom.com)

Item	Coupon	Price	Coupon	Doubled	Final Price	% Saved
4 Day EVIC (Thursday - Sunday)						
Coca-Cola Products, 6 pk (Limit 4)		\$2.37			\$2.37	0%
Farmers Market Yukon Gold Potatoes, 5 lb (Limit 2)		\$1.97			\$1.97	0%
Progresso Soup, 18 - 19 oz (Limit 8)		\$0.97			\$0.97	0%
Smithfield Whole Boston Butt Pork Roast, per lb (Limit 2 pkgs)		\$0.97			\$0.97	0%
EVIC						
Challenge Butter or Spreadables or Danish Creamery, 15 - 16 oz, or Florida's Natural Orange Juice, 52		\$2.47			\$2.47	0%
Dannon Greek Yogurt, 5.35 oz (Limit 12)		\$0.87			\$0.87	0%
Gold Medal Flour, 5 lb (Limit 4)		\$1.97			\$1.97	0%
Hamburger Help Dinner, 4.7 - 7.6 oz (Limit 10)		\$0.97			\$0.97	0%
Smartfood or Simply Chips, 6 - 8.5 oz (Limit 4)		\$2.77			\$2.77	0%
Totino's Party Pizza, 9.8 - 10.9 oz, or Pizza Rolls, 15 ct (Limit 4)		\$0.97			\$0.97	0%
Yoplait Yogurt, 4 - 6 oz (Limit 18)		\$0.37			\$0.37	0%
Save \$10 wyb \$30						
Cascade ActionPacs, 36 - 60 ct	P&G 09/26	\$11.99	\$2.00	\$2.00	\$9.99	17%
Dawn Dishwashing Liquid and Powerwash, 16 - 40 oz	P&G 09/26	\$4.99	\$1.00	\$1.00	\$3.99	20%
Downy & Gain In-Wash Scent Booster, 10 oz		\$6.99			\$6.99	0%
Downy & Gain Sheets, 105 - 120 ct		\$4.99			\$4.99	0%
Downy Liquid, 34 oz		\$3.00			\$3.00	0%
Febreze Air, Car, and Small Spaces (2)	P&G 09/26	\$5.98	\$2.99	\$2.99	\$2.99	50%
Febreze Plug Refills, 0.87 oz	P&G 09/26	\$5.99	\$1.00	\$1.00	\$4.99	17%
Gain Flings, 48 - 81 ct		\$19.99			\$19.99	0%
Microban 24HR Multi-Purpose Cleaner & Bathroom Sprays, 32 oz	P&G 09/26	\$4.99			\$4.99	0%
Microban 24HR Sanitizing Spray, 15 oz		\$5.99			\$5.99	0%
Mr Clean Magic Eraser, Clean Freak, and Sheets	P&G 09/26	\$4.99	\$0.50	\$1.00	\$3.99	20%
Tide Liquid, 37 oz		\$4.99			\$4.99	0%
Tide Pods, 48 - 81 ct		\$19.99			\$19.99	0%
2X Fuel Points						
Bagel Bites		\$1.67			\$1.67	0%
Breakstone's Sour Cream, 16 oz		\$1.67			\$1.67	0%
Cool Whip Original Whipped Topping, 8 oz (\$2.69)		\$1.34			\$1.34	50%
Cracker Barrel Sharp Cheddar or White Vermont Cheese Block, 8		\$3.00			\$3.00	0%
Gevalia Coffee, 12 oz or 12 ct		\$4.99			\$4.99	0%
Grey Poupon Dijon Mustard, 8 - 10 oz		\$3.00			\$3.00	0%
Heinz Flavor Mash-Ups, 16.5 - 19.25 oz		\$3.50			\$3.50	0%
Heinz Ketchup, 38 oz		\$3.00			\$3.00	0%
Kraft Grated Parmesan Cheese, 8 oz		\$4.00			\$4.00	0%
Kraft Macaroni & Cheese Frozen Meals		\$2.50			\$2.50	0%
Kraft Original Slow-Simmered Barbecue Sauce, 18 oz		\$1.00			\$1.00	0%
Kraft Real Mayo, 22 or 30 oz		\$3.50			\$3.50	0%
Kraft Singles, 12 oz (\$4.49)		\$2.24			\$2.24	50%
Kraft or Velveeta Mac & Cheese Big Bowls		\$2.00			\$2.00	0%
Ore-Ida Golden Crinkles Frozen Potatoes, 2 lb (2)	\$1.00/2 Digital Coupon	\$5.00	\$1.00	\$1.00	\$4.00	20%
Oscar Mauer Bacon, 12 - 16 oz		\$5.99			\$5.99	0%
Oscar Mayer Natural Lunch Meat, 8 oz		\$4.00			\$4.00	0%
Oscar Mayer Sub Kit		\$4.00			\$4.00	0%
Philadelphia Cream Cheese, 16 oz		\$3.50			\$3.50	0%
Smart Ones Frozen Meal, 8 - 10.5 oz		\$1.67			\$1.67	0%
Velveeta or Kraft Macaroni & Cheese		\$2.79			\$2.79	0%
Buy 2 Get 3 FREE						
HT Soda, 12 pk (Limit 10) (5)		\$19.95	\$11.97	\$11.97	\$7.98	60%
Chex Mix or Gardetto's (\$3.19) (2)						
American Flatbread Pizza (\$7.99)		\$3.99			\$3.99	50%
Arnold Wide Pan Breads, 24 oz (\$4.69)		\$2.34			\$2.34	50%
Blue Bunny Load'd Cones or Sandwiches, 4 - 9 pk (\$6.29)		\$3.14			\$3.14	50%
Cheez-It or Snap'd, 7 - 12.4 oz (\$4.99)		\$2.49			\$2.49	50%
Crystal Light, 1.3 - 2.9 oz (\$3.29)		\$1.64			\$1.64	50%
Entenmann's Mini Cakes, 8.25 - 14 oz (\$4.99)		\$2.49			\$2.49	50%
Freschetta Pizza, 17.71 - 30.88 oz (\$7.49)		\$3.74			\$3.74	50%
Fresh Foods Market Cake Slice, 1 ct (\$2.99)		\$1.49			\$1.49	50%
HT All Natural or Parlor Creations Ice Cream, 48 oz (\$4.99)		\$2.49			\$2.49	50%
HT Waffles, 10 ct (\$2.29)		\$1.14			\$1.14	50%

Mueller's Spaghetti or Penne Rigate Pasta, 16 oz (\$1.59)		\$0.79			\$0.79	50%
Nabisco Ritz Crackers, 11.8 - 13.7 oz (\$4.79)		\$2.39			\$2.39	50%
Nabisco Ritz Toasted Chips or Crispers, 7 - 8.1 oz (\$3.99)		\$1.99			\$1.99	50%
Nature's Bounty Vitamins, select	Save 10/03	B1G1				50%
Old El Paso Taco Kits (\$3.29)		\$1.64			\$1.64	50%
Oscar Mayer Beef Franks, 15 - 16 oz (\$5.99)		\$2.99			\$2.99	50%
Osteo Bi-Flex, select	Save 10/03	B1G1				50%
Pepsi Products, 12 pk (\$6.99)		\$3.49			\$3.49	50%
Pepsi Products, 6 pk (\$5.99)		\$2.99			\$2.99	50%
Pompeian Extra Virgin Olive Oil, 16 oz (\$8.99)		\$4.49			\$4.49	50%
Thomas' English Muffins, 12 - 13 oz (\$4.49)		\$2.24			\$2.24	50%
Triscuit or Wheat Thins, 3.5 - 9 oz (\$4.79)		\$2.39			\$2.39	50%
Utz Pretzels, 16 oz (\$3.69)		\$1.84			\$1.84	50%
Yoplait Go-Gurt, 8 ct (\$2.99)		\$1.49			\$1.49	50%
General Mills Cereal or Nature Valley Bars, assorted (2)	\$1.00/2 Printable	\$3.00	\$1.00	\$1.00	\$2.00	33%
Colgate Optic White Toothpaste, select (2)	SS 10/03	\$9.98	\$2.00	\$2.00	\$7.98	20%
Sargento Shredded Cheese, 6 - 8 oz (2)	SS 08/29	\$5.00	\$1.00	\$1.00	\$4.00	20%
Kellogg's Raisin Bran or Frosted Mini Wheats Cereal, 14 - 16 oz (2)	Save 09/12	\$5.00	\$1.00	\$1.00	\$4.00	20%
Wheaties Cereal, 15.8 oz (2)	\$1.00/2 Printable	\$6.00	\$1.00	\$1.00	\$5.00	17%
21/30 ct East Coast White Shrimp, per lb		\$9.99			\$9.99	0%
Artic Char Fillets, per lb		\$12.99			\$12.99	0%
Citrus Herb Salmon Fillets, per lb		\$13.99			\$13.99	0%
Crab Stuffed Tilapia Fillets, per lb		\$8.99			\$8.99	0%
Gilbert's Sausage, 10 oz		\$4.00			\$4.00	0%
HT 80% Lean Ground Chuck Small Pack, per lb		\$3.49			\$3.49	0%
HT Rancher 80% Lean Ground Chuck Value Pack, per lb (Limit 4 pkgs)		\$2.99			\$2.99	0%
HT Rancher Boneless NY Strip Steak or Steakhouse Roast Value P		\$7.99			\$7.99	0%
Oscar Mayer Bacon, 12 - 16 oz		\$5.99			\$5.99	0%
Oscar Mayer Lunchmeat, 7 - 9 oz		\$3.33			\$3.33	0%
Signature Chicken Croquettes, 4 oz		\$2.00			\$2.00	0%
Signature Shrimp Cake Value Pack, 4 ct		\$13.99			\$13.99	0%
Tuna Steaks, per lb		\$9.99			\$9.99	0%
Asparagus, per lb		\$2.99			\$2.99	0%
Blackberries, 6 oz		\$2.50			\$2.50	0%
Brussels Sprouts, per lb		\$2.99			\$2.99	0%
Green Cabbage, per lb		\$0.59			\$0.59	0%
Lemons, 1 lb		\$1.99			\$1.99	0%
Mini Seedless Cucumbers, 6 ct		\$2.50			\$2.50	0%
Pumpkins, ea		\$6.00			\$6.00	0%
Seedless Green Grapes, per lb		\$0.99			\$0.99	0%
Fresh Foods Market American Cheese, per lb		\$4.99			\$4.99	0%
Fresh Foods Market Rotisserie Chicken Salad, per lb		\$6.99			\$6.99	0%
Fresh Foods Market Rotisserie Chicken, ea		\$4.99			\$4.99	0%
Imported Aged Parmigiano Reggiano, per lb		\$13.99			\$13.99	0%
Pane di Casa or Harvest Bread, 24 oz		\$3.99			\$3.99	0%
Cabot Chunk Cheese, 8 oz		\$2.50			\$2.50	0%
Chobani Flip or Zero Sugar Yogurt, 4 pk		\$4.00			\$4.00	0%
Chobani Greek Yogurt or Probiotic Drinks, 4 pk		\$4.00			\$4.00	0%
Coffee-Mate Creamers, 32 oz		\$3.00			\$3.00	0%
Fage Greek Yogurt, 5.3 - 7 oz		\$1.00			\$1.00	0%
HT Traders Shredded Cheese, 6 oz		\$3.00			\$3.00	0%
Nellie's Free Range Large Eggs, 18 ct		\$4.49			\$4.49	0%
Oui, Keto, or Liberte Yogurt		\$1.33			\$1.33	0%
Pete and Gerry's Organic Extra Large Eggs, 12 ct		\$4.49			\$4.49	0%
Pillsbury Cinnamon or Crescent Rolls, 8 - 13.9 oz		\$2.33			\$2.33	0%
Pillsbury Crescent Rolls, Cinnamon Rolls, or Grands Crescents		\$2.33			\$2.33	0%
Simple Truth Organic Grade A Large Eggs, 18 ct		\$5.49			\$5.49	0%
Simply Lemonade, 52 oz		\$2.50			\$2.50	0%
Birds Eye Steamfresh Vegetables, 10 - 10.8 oz		\$1.00			\$1.00	0%
HT Non-Steam Vegetables, 6 - 12 oz		\$1.25			\$1.25	0%
HT Thin Crust Pizza, 20.5 - 22.9 oz		\$2.50			\$2.50	0%
Michael Angelo's Frozen Entree, 25 - 36 oz		\$6.99			\$6.99	0%
MorningStar Farms Patties, Burgers, or Bites, 5.3 - 10.5 oz		\$3.33			\$3.33	0%
Nathan's or Red Robin Potatoes, 24 - 28 oz		\$2.66			\$2.66	0%
Pillsbury Toaster Strudels, 6 ct		\$2.00			\$2.00	0%
Simple Truth Entrees, 8 - 9.5 oz		\$3.33			\$3.33	0%
Simple Truth Organic Frozen Fruit, 32 oz		\$7.99			\$7.99	0%
Totino's Pizza Rolls, 100 ct		\$6.99			\$6.99	0%
Ball Park Tailgater Buns, 12 ct		\$2.79			\$2.79	0%
Betty Crocker Delights Brownie or Cookie Mix		\$2.00			\$2.00	0%
Betty Crocker Favorites Cake or Brownie Mix or Frosting		\$1.25			\$1.25	0%

Blue Diamond Crackers, 4.25 oz		\$2.50			\$2.50	0%
Cape Cod Chips or Waves, 7 - 8 oz		\$3.00			\$3.00	0%
Classico Red Pasta Sauce, 24 oz (Limit 4)		\$0.99			\$0.99	0%
Gold Peak Tea, 18.5 oz		\$1.25			\$1.25	0%
HT Lasagna, 12 - 16 oz		\$1.50			\$1.50	0%
HT Seltzers or Mixers, 1 L		\$0.59			\$0.59	0%
HT Traders Artichoke Hearts or Quarters, 13.75 oz		\$2.50			\$2.50	0%
Heinz Yellow Mustard, 8 - 14 oz		\$1.50			\$1.50	0%
Hellmann's Mayo, 11.5 oz		\$3.00			\$3.00	0%
Jif Peanut Butter, 16 oz		\$2.50			\$2.50	0%
Nabisco Oreo, 10.1 - 15.25 oz		\$2.50			\$2.50	0%
Old El Paso Taco Shells, Refried Beans, or Enchilada Sauce		\$1.25			\$1.25	0%
Pepsi Products, 2 L		\$0.99			\$0.99	0%
Planters Peanuts, 16 oz		\$2.50			\$2.50	0%
Polar Seltzer, 12 pk		\$4.00			\$4.00	0%
Private Selection Basil Pesto Sauce, 10 oz		\$2.99			\$2.99	0%
Rao's Marinara Sauce, 24 oz		\$5.99			\$5.99	0%
Rao's Spaghetti or Penne Rigate, 16 oz		\$2.50			\$2.50	0%
Simple Truth Organic Black or Garbanzo Beans, 15 oz		\$0.80			\$0.80	0%
Simple Truth Organic Breadcrumbs, 4 oz		\$3.29			\$3.29	0%
Simple Truth Organic Probiotic Instant Oatmeal, 10 oz		\$3.49			\$3.49	0%
Simple Truth Organic Spaghetti or Penne Rigate, 16 oz		\$1.25			\$1.25	0%
Simple Truth Organic Vegetables, 12 oz		\$2.00			\$2.00	0%
Smart Chicken Classic Bone Broth, 16.9 oz		\$4.49			\$4.49	0%
Smartwater, 6 pk		\$7.99			\$7.99	0%
Starbucks Coffee, 10 ct or 12 oz		\$6.99			\$6.99	0%
Tostitos, Doritos, or Ruffles Party Size, 12 - 13 oz		\$4.00			\$4.00	0%
Vitmainwater, 20 oz		\$1.25			\$1.25	0%
Weber Seasoning, 2.5 - 3.9 oz		\$2.50			\$2.50	0%
Wishbone Salad Dressing, 15 oz		\$2.00			\$2.00	0%
Cottonelle Bath Tissue, 6 mega rolls		\$6.99			\$6.99	0%
Duracell Optimum AA/AAA Batteries, 12 ct		\$12.99			\$12.99	0%
Simple Truth Organic Dish Detergent, 16 oz		\$2.69			\$2.69	0%
Simple Truth Organic Laundry Detergent, 100 oz		\$9.49			\$9.49	0%